



GREATER TIMES

YEAR: 2025-2026 | R.I. DISTRICT : 3060 | CLUB NUMBER : 24912 | CHARTERED : AUGUST 26,1987

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CLUB PRESIDENT
Rtn. Jaydev Shah

CLUB SECRETARY
Rtn. Anup Joshi

DISTRICT GOVERNOR
Rtn. Amardeep Singh Bunnet

AI Summary (Eng.)
5:34 Minutes Audio



SERVING HEALTH SHAPING FUTURE

AI Summary (Guj.)
7:16 Minutes Audio



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Bhavin Bhalodia

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Chinmay Patel

Sergeant At Arms

Ravi Padnani

News Editor

Deval Mehta

Heartfelt Greetings

Birthday

1st April	Rtn. Akshay Dhani	98240 64222
1st April	Ann. Urvashi Jaydeep Vadher	87580 10310
4th April	Rtn. Rajen Shah	99253 77733
4th April	Rtn. Vimlesh Shah	94262 64140
5th April	Ann. Sonal Bharat Hapani	99099 64424
6th April	Ann. Urvi Mehul Buddhadev	97129 64611
6th April	Rtn. Ravi Ganatra	98255 53058
7th April	Rtn. Ashok Thaker	98253 40769
7th April	Rtn. Vijesh Jadvani	99040 00000
8th April	Rtn. Kusum Jayesh Jorgia	98702 96456
9th April	Ann. Suhani Rajendra Sonvani	81284 25999
10th April	Ann. Meet Yogesh Ghodasara	99240 29803
11th April	Rtn. Dr. Priyanka Sutariya	90999 44120
11th April	Ann. Varsha Ashwin Lodhiya	97370 43151
11th April	Ann. Urvi Desai	98253 51419
12th April	Ann. Shital Chinmay Patel	99135 00099
12th April	Rtn. Dhruv Kakkad	90995 60605
13th April	Ann. Divya Rajiv Zaveri	90990 96449
15th April	Rtn. Karan Shah	98791 98989
15th April	Ann. Meera Purvesh Kotecha	94287 88568
15th April	Ann. Priti Vinod Amlani	98253 91009

Anniversary

15th April Rtn. Dr. Ravi G Padnani & Ann. Riya Padnani 98790 78711 94263 78100

Greater News

A Little Angel Has Arrived!

The Rotary Club of Rajkot Greater joyfully congratulates **Rtn. Mihir Modi & Devangi Modi** on being blessed with a beautiful baby girl. May this little angel fill your home with sweet laughter and her presence bring abundant happiness and add new colours of love to your family's journey.

Heartfelt blessings and warm wishes from the entire Rotary Greater family as you welcome this bundle of joy and begin a beautiful new chapter filled with love and togetherness.

Dr Pratik Bhadaja

MB DGO
Diploma in Laparoscopy
(CICE, France)
Consultant Gynaecologist

naari
women's hospital

Dr Khushbu Zalavadia

MB DGO
Consultant Gynaecologist
Infertility Specialist

Obstetrics

Gynecology

Infertility

Fetal Medicine

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202-203, RK PRIME+, Mahapooja Dham Chowk, Nr Balaji Hall, 150 Feet Ring Rd, Rajkot - 360005.

Impact Snapshot

Empowering Women Through Health Awareness at Ranpur

The Rotary Club of Rajkot Greater successfully organized a Women's Health Check-up & Awareness Session during the NSS Special Camp at Ranpur - near Kuvadva, hosted by Shreemati K. S. N. Kansagara Mahila College.

The session was led by Dr. Ami Mehta, who delivered an informative and engaging talk on women-related health issues, menstrual hygiene, menopause awareness, and overall well-being. She also provided individual guidance to village women regarding their gynaecological concerns, emphasizing the importance of preventive care and timely medical consultation.

Project Details :

- Date : 9 March 2026
- Venue : Ranpur Primary School

Special appreciation to Dr. Ami Mehta consistently played a dedicated and compassionate role in uplifting women's health and hygiene awareness, reaching out to communities with her valuable knowledge and care.



Gracious Presence :

Rtn. Nilesh Bhojani • Rtn. Anup Joshi • Ann. Mayuri Tratiya • Ann. Shilpa Bhojani • Ann. Shital Chinmay Patel • Ann. Kruti Anup Joshi • Annet. Diya Bhavik Shah



Wheels of Care for Better Patient Support

The Rotary Club of Rajkot Greater responded promptly to the request from Panchnath Hospital and donated 6 wheelchairs to support their growing patient needs..

Gracious Presence :

Rtn. Jaydev Shah • Rtn. Aashish Joshi • Rtn. Nilesh Bhojani

• Through timely support and thoughtful action, the Rotary Club of Rajkot Greater continues to strengthen healthcare services and serve the community with compassion.



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Amit Raja
Yash Rathod

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Gram Kalyan Chair

Mehul Nathvani
Nilesh Bhojani

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Dhruv Kakkad

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Club executive Secretary

Manish Patel

Nourishing Hope: Protein Kits for TB Patients

The Rotary Club of Rajkot Greater marked **World Tuberculosis Day** by distributing **25 Protein Kits** to TB patients at the District TB Centre, Rajkot, supporting their recovery with essential nutrition and care.

Special Presence & Recognition :

- Chief District Health Officer (CDHO)
- District TB Officer
- Officer from Gujarat Information Department
- The **Chief District Health Officer** appreciated the dedicated efforts of the **Rotary Club of Rajkot Greater** toward supporting the mission of ending TB.



Project Details :

- **Date :** 24 March 2026, Tuesday
- **Venue :** District TB Centre, Rajkot
- **Beneficiaries :** 25 needy TB patients from Rajkot Rural area

Gracious Presence :

Rtn. Jaydev Shah • Rtn. Anup Joshi

Through such compassionate efforts, the Rotary Club of Rajkot Greater continues to nourish hope and strengthen the path toward a healthier, TB-free community.



Global Grant in Action: Advancing Healthcare Across Three Hospitals

The Rotary Club of Rajkot Greater, under the Rotary Foundation Global Grant for Rotary Year 2024–25, collaborated with the Rotary Club of Tapi Surat and Rotary Club of Ankleshwar to strengthen healthcare services across three beneficiary hospitals.

Beneficiary Hospitals :

- Kaka Ba Hospital, Hansot
- Shree Jabeshwar Harikrishna Maharaj Charitable Trust, Khambhat
- Shri Lallubhai Sheth Arogyamandir, Savarkundla

Project Highlights :

- **Total Project Value :** ₹31 Lakhs

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तो BEST है



- The Rotary Club of Rajkot Greater **donated an advanced Laparoscopic Machine** to ShriLallubhai Sheth Arogyamandir, Savarkundla, enhancing surgical capabilities and patient care.
- Rotary Club of Ankleshwar **provided Operation Theatre (OT) equipment** to Kaka Ba Hospital.
- Rotary Club of Tapi Surat **donated two Dialysis Machines** to Kaka Ba Hospital, strengthening life-saving treatment facilities.

Through the strength of partnership and shared vision, the Rotary Club of Rajkot Greater continues to advance healthcare services and create lasting impact in the communities it serves.

Rotary  **THE MASC**

"Rotary Navjivan"
Rotary Year 2024-25 Project

Area of Focus : Disease Prevention and Treatment

Global Grant #2579138
Instruments for OT worth Rs. 5.25 Lacs donated
Generously Supported by

The Rotary Foundation
Rotary District 3060 INDIA & Rotary District 3240 INDIA
Rotary Club of Charlotte Hall, RID 7620 USA
Rotary Club of Ankleshwar, RID 3060
Rotary Club of Rajkot Greater, RID 3060
Rotary Club of Surat Tapi, RID 3060

Tushar Shah PGG Prashant Jani Rm Manish Shroff
District Governor 24-25 DRFC Primary Contact
RID 3060 RID 3060 RID 3060
Rotary Ankleshwar



Rotary Reflections

Global Grant in Action: Advancing Healthcare Across Three Hospitals

The Rotary Club of Rajkot Greater and the Rotary Club of Rajkot came together to paint the festival with colours of words instead of gulal, making it a truly unique and memorable gathering.

- **Date** : Wednesday, 4th March 2026
- **Venue** : Patria Suites, Rajkot

The evening sparkled with the presence of renowned Gujarati poet **Shri Krishna Dave**, whose powerful and heartfelt poetry captivated the audience and filled the atmosphere with joy, laughter, and thoughtful reflection. His verses added a soulful charm to the festive mood and kept members beautifully engaged throughout the session.

The celebration concluded with a delightful dinner, where members enjoyed warm fellowship, cheerful conversations, and the festive spirit of togetherness—making the evening not just an event, but a cherished Rotary memory.

A celebration where Dhuleti colours were replaced with poetic hues, leaving behind smiles, inspiration, and stronger Rotary bonds.



A Venture of **KIRI** Group

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-  વેક્યુમ પેકિંગ ટેકનોલોજી
-  હાઈજેનિક

A Proud & Inspiring Milestone – District 3060 Scholarship Award Ceremony Glimpses!

Scholarships that Spark Dreams – A United Rotary Milestone

All five Rotary Clubs of Rajkot came together for a historic **Joint Meeting** to witness the **First District 3060 Scholarship Award Ceremony**, celebrating education, encouragement, and opportunity for deserving students pursuing higher education. □

- **Date** : Sunday, 15th March 2026
- **Time** : 11:00 AM onwards
- **Venue** : Hotel Saraza, Kalawad Road, Rajkot

The ceremony was graced by esteemed dignitaries **PRIP Rtn. Kalyan Banerjee** as Chief Guest and **DG Rtn. Amardeepsingh Bunet** as Guest of Honour. Their inspiring words encouraged students to dream big, pursue excellence, and contribute meaningfully to society.

A proud highlight of the event was the awarding of scholarships to **32 deserving students from Medical and Engineering streams**, enabling them to pursue studies in **renowned colleges** and move confidently toward brighter futures.

A Moment of Great Pride for Rotary Club of Rajkot Greater!

A special highlight was the felicitation of **Rtn. Gaurang Patel (G N Altech)** for his outstanding generosity. He has declared a **USD 21,000 CSR Fund** through the Rotary Foundation CSR Grant for Rotary Year **2026–27**, dedicated to supporting the **District 3060 Scholarship Programme**.

His noble contribution reflects a strong commitment to education, social upliftment, and Rotary values, empowering many deserving students to continue their academic journey.

The programme was excellently coordinated by Rtn. Vikram Shanghani, District Scholarship Project Chair, Rotary Midtown.

The ceremony concluded with warm fellowship over lunch, strengthening bonds among Rotary members and reinforcing the shared vision of **service through education**.



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An Enriching Evening of Theatre – “Eklavya” Drama Glimpses

The Rotary Club of Rajkot Greater witnessed a memorable and culturally enriching evening as members gathered to enjoy the powerful staging of the drama “Eklavya”, creating an atmosphere filled with emotion, learning, and artistic brilliance.



- **Date :** Friday, 20th March 2026
- **Venue :** Hemu Gadhvi Auditorium, Rajkot

The thought-provoking performance of “Eklavya” beautifully portrayed values of dedication, sacrifice, and unwavering determination. The impactful acting and engaging storytelling kept the audience deeply connected throughout the play, leaving everyone inspired and reflective.

With enthusiastic participation from Rotary members and their families, the auditorium resonated with appreciation and applause, making the evening a grand cultural success and a wonderful opportunity for fellowship.

A special thanks to Rtn. Aashish Joshi for his dedicated efforts in arranging this wonderful cultural experience and ensuring a smooth and enjoyable evening for all members.

Cricket, Connections & Celebrations



The Rotary Cricket League – Season 4, Rajkot, presented by DOWERA Systems and powered by #DeshiDukan, concluded with great enthusiasm, sportsmanship, and vibrant Rotary fellowship.

- **Date :** 27th & 28th February and 1st March 2026
- **Venue :** Rudraksh Cricket Ground, Rajkot

A Joint Rotary Clubs Meeting followed by dinner on 1st March added warmth and strengthened fellowship among members.

Pride of Our Club :

28 players from Rotary Club of Rajkot Greater actively participated, showcasing strong team spirit and dedication throughout the tournament.

Across three exciting days, matches were filled with thrilling performances and energetic support from Rotarians and families. The Rotary Cricket League Season 4 beautifully celebrated teamwork, fellowship, and the true spirit of Rotary, creating lasting memories and strengthening bonds within the Rotary family



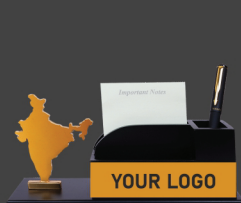
In Cricket Fever Turns into a Victory Celebration!

RCRG Members Meet: An Evening of Cricket & Fellowship

The Rotary Club of Rajkot Greater organized a lively members meet at Rotary Greater Bhavan to watch the thrilling ICC T20 World Cup Final between India and New Zealand, creating an evening full of excitement, fellowship, and patriotic spirit.

Event Details :

- **Date :** 8 March 2026, Sunday
- **Venue :** Rotary Greater Bhavan



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Members gathered with great enthusiasm to enjoy the high-voltage match together. Members passionately supported **Team India**, celebrating every run and wicket. The event strengthened fellowship and created joyful moments of bonding among members and families.

The evening became truly unforgettable when **India emerged victorious**, filling the venue with cheers and celebration. Members celebrated the historic win with great joy, making the gathering a memorable fellowship moment for all.

Whispers from the Heart

The Hospital That Prescribed Laughter

“Sometimes, the most powerful medicines are not found in bottles, but in moments of laughter.”



ANN. DEVAL MEHTA

In the 1970s, an American journalist named Norman Cousins was diagnosed with a severe, painful illness. Doctors warned that recovery chances were very low. Instead of surrendering to fear, he tried something unusual. He began watching comedy films daily, not casually, but intentionally. He tracked his pain levels and noticed something remarkable: Ten minutes of deep laughter gave him nearly two hours of pain-free sleep. Later, doctors studied this phenomenon, and what they discovered reshaped how psychologists and medical experts view laughter.

When Cinema Quietly Teaches Psychology



Many of us remember the iconic character Dr. J.C. Asthana from the movie Munna Bhai M.B.B.S. Whenever he felt tense or under pressure, he would suddenly start laughing. At first, it looked humorous, almost exaggerated. But hidden inside that laughter was a powerful psychological truth: Laughter interrupts stress. What appeared as comedy was actually a technique. When practiced consciously, even gentle or intentional laughter can relax muscles, slow the heart rate, and bring clarity back to the mind. Many of us enjoyed that scene. Few of us practiced its lesson. Yet when applied in real life, this simple act can transform tense moments into manageable ones.

The Science Most People Don't Notice

Research shows that **humans laugh far more in groups than alone**, even when nothing particularly funny happens. That's because laughter signals safety and belonging. It quietly tells others, **“You are comfortable here.”** Another fascinating discovery : **Your brain often responds to intentional laughter almost the same way it does to genuine laughter.** Even when laughter starts artificially, the body releases feel-good chemicals and reduces stress hormones. It works like a hidden reset button for the nervous system.

Where Laughter Shapes Growth

- Socially, laughter builds trust faster than long conversations. It strengthens bonds without effort.
- Mentally, laughter reduces emotional fatigue and helps the mind recover from stress.
- Personally, the ability to laugh at small mistakes builds confidence and resilience.
- Creatively, a relaxed mind becomes fertile ground for ideas. Lightness invites innovation.

A Thought to Carry Forward

Laughter is not a sign that life is easy.

It is a sign that the heart has learned how to stay light, even when life feels heavy.

Two Small Practices, Big Impact

- **The “Dean’s Moment”**
When stress rises, we may allow a soft, gentle laugh. Just enough to loosen the tightness. Your body quickly gets the signal to relax.
- **One Daily Moment of Lightness**
We can share one cheerful moment each day, at dinner, on a call, or before sleep. A small daily laugh becomes emotional nourishment over time.



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